Following Dr. Yoshimizu's protocols will enhance the function of the immune system  
regardless of what health issue is confronted.  
  
"Dr. Yoshimizu says, "We use this device [Bio-Mat] to weaken cancer cells by heating up the body and reinforcing the immune system." The protocol that he calls "effective use" of the Bio-Mat is to heat "up the tumor mass 40 - 60 minutes once to three times a day at 158 degrees." He also recommends adequate hydration by drinking mineral water or adding salt to your water. He further tells us that by using the 158 degrees for 50 minutes, "the patient's body temperature will go up to 102.2 to 104 degrees." Dr. Yoshimizu further reveals that when the body is from 98.6 to 104 degrees and above, "the immune function is increased 2 to 10 times[!] Therefore it [the Bio-Mat] is optimal in cancer treatment." During sleep he says to set the temperature at 95 to 104 degrees."